

What our clients say about us

"The carers are wonderful human beings who care for other wonderful human beings."

"Melanie and her team of carers have such a different approach. They are interested in the person and have empowered my mother to do what she wants to do."

"It's amazing what you are doing with our Mum...brilliant service."



Get in touch

Please do not hesitate to contact us, we will be pleased to answer any questions and arrange a no-obligation visit.

Q1 Care Limited
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 @Q1Care

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Company registration number: 08468247

Q1Care Ltd is regulated by the
Care Quality Commission



Care in the home
with a difference

Taking the time to care

Who are we?

Melanie Meads founded Q1Care after experiencing the stresses and strains of caring for a close family member herself. She completely understands the emotions involved, and the disruption that caring for a relative can have on the whole family, not least the person requiring care.

We pride ourselves upon instilling a sense of self-worth and value in our clients, and actively tackling the issue of loneliness and isolation in the community.

Our team of carers are extraordinarily focused on providing first class care and continued training is one of our priorities.



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Services we provide

Our services are all about confronting the growing issue of loneliness and isolation in our local community. We specialise in good, traditional companionship, support and discrete personal care. We believe in talking with our clients, not to them.

We aim to improve the quality of life for our elderly clients and provide much needed respite care for our clients and their families - be it in the home or by providing holiday support. Live-in care is also available.

We help around the house, prepare meals, run errands and help our clients to pursue hobbies and interests.

For full details on our services please visit www.Q1Care.co.uk

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Why Q1Care?

We spend a great deal of time with our clients, building trust and relationships.

Very often there is no cure but a relationship with someone who really cares is invaluable.

We are committed to providing a client led, bespoke service to each and every individual client and make a point of matching our carer's skills and experience to each clients' specific needs.



Q1Care's founder, Melanie Meads is a Dementia Champion and delivers dementia awareness sessions across Berkshire and Oxfordshire, helping to raise awareness of dementia.

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